

# Don't You Worry Baby

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Music: *Don't You Worry Baby* by Tom Gaebel

CD "Very Ballroom 6", Disk 2 Track 8 – 3:37 or

CD "So Good To Be Me", Track 2 – 3:21 reduce tempo by 10%

Music available from iTunes: <https://music.apple.com/de/album/dont-you-worry-baby/1687051440?i=1687051672>

## Phase V+2

Telespin, Traveling Contra Check

Difficulty: Difficult

Slow Foxtrot

## Intro – A – B – C – D – E – A – B – C – D\* – Ending

### INTRO

(1-2) Wait 2 meas Open Position both facing WALL, Lead feet free;

Sway Apart; Lady Roll Across Man in 2;

(5-8) Right Feet: Front Vine 8;; Fence Line to Closed Position Man in 2; Feather Finish;

Measure	Leader (M)	Follower (W)
1-2	Wait 2 meas Open Position both facing WALL, Lead feet free;	
3 Sway Apart;	Side L, -, Sway L,-;	Side R, -, Sway R, -;
4 Lady Roll Across Man in 2;	Lead W to Roll across side & back R,-, close L;	Roll LF L, -, R, L;
Side By Side Left Open Position both facing WALL		
5-6 Front Vine 8;;	Cross R in front of L, side L, cross R behind L, side L; Cross R in front of L, side L, cross R behind L, side L;	
7 Fence Line Man in 2;	Check across R,-, rec L turning LF to CP, touch R;	Check across R, -, rec L turning RF to CP, forward R;
8 Feather Finish;	Back R turning LF, -, side and forward L, forward R outside woman crossing R leg in front of L at thighs;	Forward L turning LF, -, side and back R, back left crossing leg in back of R at thighs;
BJO / DLC		

### A

(1-4) Reverse Wave;; Hesitation Change; Curving Three Step Checking;

(5-8) Feather Finish DRW; Left Turning Hover; Feather DLW Checking; Top Spin DLC;

1-2 Reverse Wave;;	Forward L preparing LF turn, -, turning LF side R, cont turn back L; Back R, -, back L, back R curving LF;	Back R, -, close L to R [heel turn], forward R; Forward L, -, forward R heel flat, forward L curving LF;
CP / RLOD		
3 Hesitation Change;	Commence RF upper body turn back L, -, side R continuing RF turn starting to draw L to R and continue drawing L to R over the remainder of the measure, -;	Commence RF upper body turn forward R, -, side L continuing RF turn starting to draw R to L and continue drawing R to L over the remainder of the measure, -;
CP / DLC		
4 Curving Three Step Checking;	Forward L commence to turn LF, -, forward R passing well under the body with right side stretch continue LF turn, with right side	Back R commence to turn LF, -, back L passing well under the body with left side stretch continue LF turn, with strong left side

	stretch banking into the curve forward L well under the body;	stretch back R well under the body;
	CP / RLOD	
5 Feather Finish DRW;	Back R, -, turning LF side L to BJO RLOD/WALL, forward R outside partner;	Forward L, -, turning LF side R to BJO RLOD/WALL, back L outside partner;
	BJO / DRW	
6 Left Turning Hover;	Forward L, -, side R rising slightly [hovering], turning 1/8 LF forward L small step on toes;	Back R, -, side L rising slightly [hovering], turning 1/8 LF forward R small step on toes;
	SCP / DLW	
7 Feather;	→ Intro 8	
8 Top Spin DLC;	Beginning during the latter portion of the last beat of the previous figure/with weight on ball of right foot spin LF keeping L leg extended back [1/8 LF turn between the preceding step and step 1]; back L in CBMP, back R turning 1/8 LF between steps 1 and 2, with left side stretch side and slightly forward L, with left side stretch forward R;	Beginning during the latter portion of the last beat of the previous figure/with weight on ball of left foot spin LF keeping L leg extended back [1/8 LF turn between the preceding step and step 1]; forward R in CBMP, forward L turning 1/8 LF between steps 1 and 2, with right side stretch side and slightly back R, with left side stretch back L;
	BJO / DLC	

## B

(1-4) Telespin SCP;; Natural Fallaway Weave;;

(5-8) Three Step; Feather; Drag Hesitation; Impetus SCP;

1-2 Telespin SCP;;	Forward L commencing LF turn [with a right side stretch], -, forward and side R continuing LF turn [continue right side stretch], side and back L with partial weight keeping left side in toward woman [with right side stretch]/with partial weight commence LF body turn; Taking full weight on L spin LF, side R continue LF turn [no sway], continue LF turn side & forward L, -;	Back R commencing LF turn, -, bring L to R starting a heel turn and gradually change weight to L continuing LF turn, forward R continuing LF turn/keeping right side in toward man forward L; Forward R commence LF toe spin, continue toe spin close L, side & forward R, -;
	SCP / DLW	
3-4 Natural Fallaway Weave;;	Forward R commence RF turn with right side stretch, -, forward L rise on toe continue RF turn, back R in SCP; Back L losing stretch, slip R back commence LF turn to CP, side and forward L with left side stretch, forward R;	Forward L with left side stretch, -, forward R rising to toe between man's feet commence RF turn, continue RF turn back L in SCP; Back R on toe, turning LF slip L forward to CP, side and back R with right side stretch, back L;
	BJO / DLC	
5 Three Step;	Forward L, -, forward R heel flat, forward L;	Back R, -, back L, back R;
6 Feather;	Forward R, -, forward L preparing to step outside partner, forward R outside partner;	Back L, -, back R preparing to step outside partner, back L outside partner;
	BJO / DLW	
7 Drag Hesitation;	Forward L, -, commencing LF turn side R continuing LF turn draw L toward R over the remainder of the measure, -;	Back R, -, commencing LF turn side L continuing LF turn draw R toward L over the remainder of the measure, -;
	BJO / DRC	

8 Impetus SCP;	Commence RF upper body turn back L, -, close R to L [heel turn] continue RF turn, complete turn forward L;	Commence RF upper body turn forward R outside man's feet heel to toe pivoting 1/2 RF, -, side and forward L continue turn around M brush R to L, complete turn fwd R;
	SCP / DLC	

## C

(1-4) Feather; Reverse Turn ½; Check & Weave;;

(5-8) Three Step; Natural Hover X;; Double Reverse Spin;

1 Feather;	Forward R, -, forward L preparing to step outside partner, forward R outside partner;	Back L, -, back R preparing to step outside partner, back L outside partner;
2 Reverse Turn ½;	Forward L preparing LF turn, -, turning LF side R, cont turn back L;	Back R, -, close L to R [heel turn], forward R;
3-4 Check & Weave;;	Slip R foot back under body with a slight contra check action, -, forward L commence to turn LF, side R [1/8 LF turn between steps 1 and 2 of the Weave] with right side lead and slight right side stretch preparing to lead woman outside partner; With right side stretch back L in CBMP continue 1/8 LF turn between steps 2 and 3 of the Weave, back R to a momentary CP continue to turn LF, side and forward L with left side stretch [1/4 LF turn between steps 4 and 5 of the Weave body turns less], with left side stretch forward R in BJO;	Slip L foot forward under body with a slight contra check action, -, back R commence to turn LF, side L [1/4 LF turn between steps 1 and 2 of the Weave] with left side lead and slight left side stretch preparing to step outside partner; With left side stretch forward R in BJO, forward L to a momentary CP continue to turn LF, side and back R with right side stretch [1/8 LF turn between steps 4 and 5 of the Weave], with right side stretch back L in BJO [1/8 LF turn between steps 5 and 6 of the Weave body turns less];
	BJO / DLC	
5 Three Step;	Forward L, -, forward R heel flat, forward L;	Back R, -, back L, back R;
6-7 Natural Hover X;;	Forward R commence to turn RF, -, side L with left side stretch [1/4 RF turn between steps 1 and 2], continue RF turn side right [1/2 RF turn between steps 2 and 3 body turns less facing L/C]; With right side stretch forward L outside partner in Sidecar on toes, recover R with slight left side lead, side and forward L, with left side stretch forward R in BJO on toes;	Back L commence to turn RF, -, close R to L heel turn with a right side stretch turning RF 3/8 between steps 1 and 2, continue RF turn side L [3/8 RF turn between steps 2 and 3] to CP; With left side stretch back R in Sidecar on toes, recover L with slight right side lead, side and back R, with right side stretch back L in BJO;
	BJO / DLC	
8 Double Reverse Spin;	Forward L commence to turn LF, -, side R [3/8 LF turn between steps 1 and 2], spin up to 3/8 LF between steps 2 and 3 on ball of right bringing L foot under body beside R with no weight flexed knees;	Back R commence to turn LF, -, close L to R heel turn turning 1/2 LF between steps 1 and 2/side and slightly back R continue LF turn, cross L in front of R;
	CP / DLW	

## D

(1-4) Traveling Contra Check; Curved Feather Checking; Impetus SCP; Feather;

(5-8) Reverse Fallaway Lilt BJO; Weave Ending;

Reverse Wave ½; Lady Roll Out Man 2 of Hover Corté;

1 Traveling Contra Check;	Forward L with contra body motion with upper body turned to the left, -, close R rising to toes, forward L;	Back R turning RF, -, close L rising to toes, forward R;
	SCP / DLW	
2 Curved Feather Checking;	Forward R commence RF turn, -, with left side lead continue RF turn forward L, continue RF turn with left side lead forward R checking outside partner;	Forward L commence RF turn, -, with right side lead continue RF turn side R, continue RF turn with right side lead back L checking;
	BJO / DRW	
3 Impetus SCP;	Commence RF upper body turn back L, -, close R to L [heel turn] continue RF turn ½, complete turn forward L;	Commence RF upper body turn forward R between man's feet heel to toe pivoting 1/2 RF, -, side and forward L continue turn around man brush R to L, complete turn forward R;
	SCP / DLW	
4 Feather;	Forward R, -, forward L preparing to step outside partner, forward R outside partner;	Forward L, -, turning LF side & back R preparing to step outside partner, back L outside partner;
5 Reverse Fallaway Lilt BJO;	Forward L turning LF, -/ side R, cross L in back of R in SCP lilt, back R to BJO;	Back R turning LF, -/ side L, cross R in back of L in SCP lilt, slip forward L in BJO;
6 Weave Ending;	With right side stretch back L in CBMP continue 1/8 LF turn between steps 2 and 3 of the Weave, back R to a momentary CP continue to turn LF, side and forward L with left side stretch [1/4 LF turn between steps 4 and 5 of the Weave body turns less], with left side stretch forward R in BJO;	With left side stretch forward R in BJO, forward L to a momentary CP continue to turn LF, side and back R with right side stretch [1/8 LF turn between steps 4 and 5 of the Weave], with right side stretch back L in BJO [1/8 LF turn between steps 5 and 6 of the Weave body turns less];
	BJO / DLW	
7 Reverse Wave ½;	Forward L starting LF body turn up to 3/8, -, side R Line of Progression, back L;	Back R starting left face body turn up to 3/8, -, close L to R [heel turn], forward R;
8 Lady Roll Out Man 2 of Hover Corté;	Release partner from right arm, Back R starting LF turn, -, side and forward L with hovering action continuing body turn;	Rolling LF forward L, -, R, L;
	Side By Side / WALL	

## E

- (1-4) Right Feet: Front Vine 8;; X Kick 4x;;  
(5-8) Right Feet: Thru Serpiente;; Front Vine 8;;  
(9-12) X Kick 4x;; Fence Line to Closed Position Man in 2; Feather Finish;  
(13-16) Diamond Turn;;;

1-2 Front Vine 8;;	Cross R in front of L, side L, cross R behind L, side L; Cross R in front of L, side L, cross R behind L, side L;	
3-4 X Kick 4x;;	Kick R across, side R, kick L across, side L; Kick R across, side R, kick L across, side L;	
5-6 Thru Serpiente;;	Across R, side L, behind R, fan L counterclockwise; behind L, side R, across L, fan R counterclockwise;	
7-10 Front Vine 8;;	→ E1 ... E4	
11-12	→ Intro7 ... Intro8	
13-16 Diamond Turn;;;	Forward L turning LF on the diagonal, -, continuing LF turn side R, back L with the	Back R turning LF on the diagonal, -, continuing LF turn side L, forward R outside

	partner outside the man in Banjo; staying in Banjo and turning LF back R, -, side L, forward R outside partner in Banjo; forward L turning LF on the diagonal, -, side R, back L with the partner outside man in Banjo; back R continuing LF turn, -, side L, forward R;	partner; forward L turning LF, -, side R, back L; back R turning LF, -, side L, forward R outside partner; forward L turning LF, -, side R, back L;
BJO LOD/COH		

## D\*

- (1-4) Traveling Contra Check; Curved Feather; Impetus SCP; Feather;
- (5-6) Three Step; Feather;
- (7-10) Reverse Fallaway Lilt BJO; Weave Ending;  
Reverse Wave ½; Lady Roll Out Man 2 of Hover Corté;

## Ending

- (1-4) Right Feet: Front Vine 8;; X Kick 4x;;
- (5-8) Right Feet: Thru Serpiente;; Front Vine 17 & Hold;;
- (9-10...) ;;...

1-8	→ E1 .. E8
9-10...	Cross R in front of L, side L, cross R behind L, side L; Cross R in front of L, side L, cross R behind L, side L; Cross R in front of L & Hold,

# *Don't You Worry Baby*

Slow Foxtrot – Phase V – Difficulty: Difficult

## **INTRO**

- (1-2) Wait 2 meas Open Position both facing WALL, Lead feet free;  
Sway Apart; Lady Roll Across Man in 2;
- (5-8) Right Feet: Front Vine 8;; Fence Line to Closed Position Man in 2; Feather Finish;

## **A**

- (1-4) Reverse Wave;; Hesitation Change; Curving Three Step Checking;
- (5-8) Feather Finish Reverse/Wall; Left Turning Hover; Feather Line/Wall Checking;  
Top Spin Line/Center;

## **B**

- (1-4) Telespin SCP;; Natural Fallaway Weave;;
- (5-8) Three Step; Feather; Drag Hesitation; Impetus SCP;

## **C**

- (1-4) Feather; Reverse Turn  $\frac{1}{2}$ ; Check & Weave;;
- (5-8) Three Step; Natural Hover X;; Double Reverse Spin;

## **D**

- (1-4) Traveling Contra Check; Curved Feather Checking; Impetus SCP; Feather;
- (5-8) Reverse Fallaway Lilt BJO; Weave Ending;  
Reverse Wave  $\frac{1}{2}$ ; Lady Roll Out Man 2 of Hover Corté;

## **E**

- (1-4) Right Feet: Front Vine 8;; X Kick 4x;;
- (5-8) Right Feet: Thru Serpiente;; Front Vine 8;;
- (9-12) X Kick 4x;; Fence Line to Closed Position Man in 2; Feather Finish;
- (13-16) Diamond Turn;;;

## **A**

- (1-4) Reverse Wave;; Hesitation Change; Curving Three Step Checking;
- (5-8) Feather Finish Reverse/Wall; Left Turning Hover; Feather Line/Wall Checking;  
Top Spin Line/Center;

## **B**

- (1-4) Telespin SCP;; Natural Fallaway Weave;;
- (5-8) Three Step; Feather; Drag Hesitation; Impetus SCP;

## **C**

- (1-4) Feather; Reverse Turn ½; Check & Weave;;
- (5-8) Three Step; Natural Hover X;; Double Reverse Spin;

## **D\***

- (1-4) Traveling Contra Check; Curved Feather Checking; Impetus SCP; Feather;
- (5-6) Three Step; Feather;
- (7-10) Reverse Fallaway Lilt BJO; Weave Ending;  
Reverse Wave ½; Lady Roll Out Man 2 of Hover Corté;

## **Ending**

- (1-4) Right Feet: Front Vine 8;; X Kick 4x;;
- (5-8) Right Feet: Thru Serpiente;; Front Vine 17 & Hold;;
- (9-10...) ;;...